

REFLECTIONS FROM ST. PETER FABER



*St. Peter Faber, one of the first Jesuits.
St. Ignatius considered Faber the most gifted
at giving the Spiritual Exercises.*

Prayer for Detachment

I beg of you, my Lord,
to remove anything which separates
me from you, and you from me.

Remove anything that makes me unworthy
of your sight, your control, your rephension;
of your speech and conversation,
of your benevolence and love.

Cast from me every evil
that stands in the way of my seeing you,
hearing, tasting, savoring, and touching you;
fearing and being mindful of you;
knowing, trusting, loving, and possessing you;
being conscious of your presence and,
as far as may be, enjoying you.

This is what I ask for myself
and earnestly desire from you. Amen.

Written by St. Peter Faber



Grace in Small Things

Seek grace for the smallest things,
and you will find grace to accomplish, to believe in,
and to hope for the greatest things.
Attend to the smallest things, examine them,
think about putting them into effect,
and the Lord will grant you greater.

Adapted from the writings of St. Peter Faber



Seeking God in Action

I then noted that by seeking God
in good works through the spirit,
one will more readily find him afterwards in prayer
than if one had sought him first in prayer
so as to find him subsequently in good works,
as is often done.

For he who seeks and finds the spirit of Christ
in good works makes much more solid progress than
the person whose activity is limited to prayer alone.

Adapted from the writings of St. Peter Faber

